

University of
Lethbridge



Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2021/2022

Major in Addictions Counselling:

www.uleth.ca/healthsciences/addictions

Academic Calendar:

www.uleth.ca/ross/academic-calendar

High School Admission Requirements:

www.uleth.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.uleth.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.uleth.ca/healthsciences/advising
health.sciences@uleth.ca

Bachelor of Health Sciences
Addictions Counselling

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor (www.uleth.ca/ross/academic-advising) for advising information.

Name : _____

ID : _____

Program Requirements

Completion of at least 40 courses (120.0 credit hours) with a GPA of at least 2.00 on courses taken for credit towards the degree, AND a minimum cumulative GPA of 2.50 on all Aboriginal Health, Addictions Counselling, Health Sciences, and Public Health courses taken for credit towards the degree.

Major Requirements

- _____ ADCS 1000 - Introduction to Addiction Studies
- _____ ADCS 1020 - Introduction to the Counselling Interview
- _____ ADCS 1220 - Counselling I (Individual Counselling)
- _____ ADCS 2120 - Counselling II (Group Counselling)
- _____ ADCS 2140 - Drugs of Abuse
- _____ ADCS 2235 - First Nations Counselling
- _____ ADCS 2245 - Assessment of Addictions
- _____ ADCS 2275 - Trauma in Addictions Counselling
- _____ ADCS 3002 - Health Education and Promotion
- _____ ADCS 3050 - Internship in Addictions Counselling I (15.0 credit hours)
- _____ ADCS 3120 - Counselling III (Family Counselling)
- _____ ADCS 3130 - Diversity and Counselling
- _____ ADCS 3140 - Behavioural Pharmacology
- _____ ADCS 3150 - Adult Psychopathology
- _____ ADCS 3240 - Concurrent Disorders
- _____ ADCS 3260 - Research in Addictions
- _____ ADCS 3420 - Ethics in Addictions Counselling
- _____ ADCS 4050 - Internship in Addictions Counselling II (15.0 credit hours)
- _____ ADCS 4200 - Community Development and Outreach
- _____ ABHL 1000 - Introduction to Aboriginal Health
- _____ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- _____ LBED 1000 - Knowledge and Liberal Education
- _____ PSYC 1000 - Basic Concepts of Psychology

Electives

Courses with a subject code of ABHL, ADCS, EDUC, HLSC, MGT, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Electives, Social Science Elective, or Science Electives in the Addictions Counselling major.

- _____ One 3000 or 4000-level Addictions Counselling elective
 1. _____
- _____ Four Fine Arts and Humanities electives
 1. _____
 2. _____
 3. _____
 4. _____
- _____ One Social Science elective
 1. _____
- _____ Two Science electives
 1. _____
 2. _____
- _____ One Open elective
 1. _____

Sample Sequencing Plan

Year 1, Fall	Year 1, Spring
ABHL 1000	ADCS 1220
ADCS 1000	ADCS 2235
ADCS 1020	ADCS 3002
LBED 1000	Fine Arts and Humanities elective
PSYC 1000	Science elective
Year 2, Fall	Year 2, Spring
ADCS 2120	ADCS 2245
ADCS 3420	ADCS 3240
ADCS 2140	HLSC 3450/PSYC 3450
Fine Arts and Humanities elective	3000/4000-level ADCS Elective
Fine Arts and Humanities elective	Open Elective
Year 3, Fall	Year 3, Spring
ADCS 3130	ADCS 2275
ADCS 3140	ADCS 3120
ADCS 3150	ADCS 4200
ADCS 3260	Social Science elective
Science elective	Fine Arts and Humanities elective
Year 4, Fall	Year 4, Spring
ADCS 3050	ADCS 4050

Notes

Due to the structured nature of the B.H.Sc. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

